

## GirlUp Lucknow

Putting an end to the age-long silence over the oppression of women's community, Girlup Lucknow is working to bring women not only at par but also in power.



Established in September 2019 in Lucknow, GirlUp is working towards the upliftment of women in the city. It has conducted various events and created awareness on issues like Sex, Gender, Misogyny, Rights of Women and Children, Cyber Crimes, Feminism, Menstruation, LGBTQIA, etc.

### Events:

Girl Up Lucknow conducted a sanitary kits distribution drive on 29th

September 2021 under the spearhead of project Adhikar.

On 23rd October, Girl Up Lucknow collaborated with Girl Up Mukti for a fun workshop on Upcycled fashion conducted by Arunima Gupta, founder of Flipitt.

Girl Up Lucknow on 14th Nov 2021 conducted a session on gender-based domestic violence and its repercussions on mental health. It was hosted by Dr Parul Prasad, MD Adult and Geriatric Psychiatrist, Mindwise Clinic, Lucknow. The session was a success and led to many thought-provoking discussions.

In the spirit of giving and receiving joy on Christmas, Girl Up Lucknow went on a woollen clothes distribution drive in Daliganj, Lucknow.

It has also conducted various competitions and virtual summits. It conducted various donation drives for the poor and the needy.

On March 6 2022, Girl Up Lucknow conducted a club activity - a film discussion of English Vinglish.

On the occasion of International Women's Day week, Girl Up

Lucknow conducted a session called "Celebrate the Women: Aghaaz." It took place on 13th March 2022 with talks from three eminent speakers- Venuka Sangal, Baking; RJ Shubra, Radio Mirchi; and Dr. Surabhi Jain, celebrity Nutrition expert.

**Awareness posts:**

Girl Up Lucknow constantly tries to create awareness not only about women-centric issues but also related issues like mental health, queer liberation, internet security, etc.