

Affection beats Depression

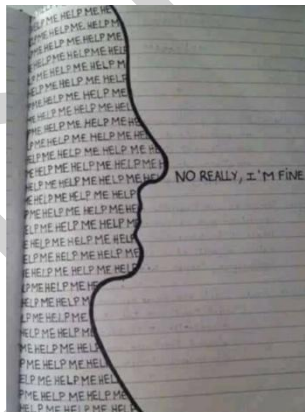
“Depression is a real existent truth”



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The mind gets affected when the heart is dejected. This paves the route for depression.

Please don't let your behaviour ruin someone's mental health.



This brings out a lot of behavioural changes where they try to isolate themselves from everyone including their loved ones. They aren't being lazy; in fact, it's their depression which makes them function

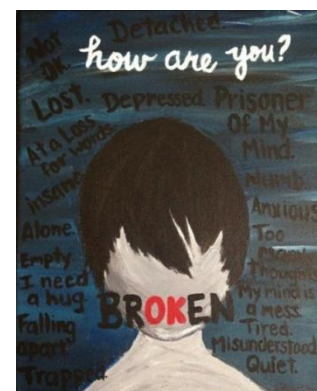
less. They aren't being arrogant, it's their depressive state which makes them quiet.

Please don't take someone's behavioural changes for granted,

Instead, understand them and communicate with them in love.

Your affection has the power to stop a dejected person from succumbing to depression.

Living a life with depression is like living a life with dejected pieces.



Your affection will work as that glue which helps the individual input back all their broken pieces

to form a beautiful artwork. You never know what is behind the smiling faces. So be kind. "Give your

affection and strike off their Depression."
#TogetherWeBuildEachother

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